

EASTCOTE HORTICULTURAL SOCIETY



PRESIDENT:
Catherine Dann

CHAIR:
Gerry Edwards

SHOW COMMITTEE:
Sue Alexander (Chair), Gerry Edwards, Mary Evans, Richard Lefley,
Viv Lefley, Alan Thomas

SUMMER SHOW SCHEDULE 2024

SPRING SHOW: 16th March
SUMMER SHOW: 15th June
AUTUMN SHOW: 7th September

SHOWS ARE HELD AT:
Eastcote Community Centre, Southbourne Gardens, Eastcote

OPEN TO THE PUBLIC:
2.30 – 4.30 pm
Prize giving at 4.15 pm

Visit our website www.succulent-plant.com/eastcote

Email us eastcotehorticultural@yahoo.co.uk

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EASTCOTE HORTICULTURAL SOCIETY (EHS)

OFFICERS

Chair:	Gerry Edwards	Tel: 07768 657797
General Secretary:	Richard Lefley	Tel: 0208 868 8762
Trading Secretary:	Alan Thomas	Tel: 0208 429 0901
Social Secretary & Chair of Show Committee:	Sue Alexander	Tel: 0208 866 1339
Show Manager:	Viv Lefley	Tel: 0208 868 8762
Treasurer:	Wayne Hirst	
Bulletin Editor:	David Barlow	
Membership Secretary:	Mary Evans	
Committee Members:	Colin Jones	

Officers can also be contacted by email on eastcotehorticultural@yahoo.co.uk

PURPOSE

The EHS is a not-for-profit community organisation run solely by volunteers for the benefit of its members. The proceeds from trading and social activities contribute towards our shows and Hut maintenance.

The Hut carries an extensive range of garden products including fertilisers, soils, composts, canes and garden accessories. Bulbs, tubers and plants are sold in the spring and autumn. Arrangements can be made for members to sell their own plants. The Society holds three shows per year, a number of plant sales and social activities. Membership is £5 per year, per household.

AFFILIATED TO:

The Royal Horticultural Society;
The Middlesex Federation of Horticulture and Allotment Societies.

PRESIDENT

Catherine Dann

VICE PRESIDENTS

CF Spires; Mrs P Spires

EHS PAST PRESIDENTS

PJ Beere FIPA; HH Crane FLS; Mrs E Cross; Mrs H Cross; TG Cross;
J Hardy NDH; B Park OBE, VMH, DHM; VM Woodman

CHALLENGE CUPS

Name	Donor
Alan Cup	PJ Beere, Esq. FIPA.
Bertram Park Rose Bowl	B Park, Esq. OBE, VMH, DHM.
Cartwright Cup	HVL Cartwright, Esq.
Condor Cup	Condor (Floral Artists) Ltd.
Crane Cup	HH Crane, Esq. FLS.
Cross Cup	Mr & Mrs TG Cross.
Eastcote Cup	Eastcote Horticultural Society.
Fran Thomas Cup	AW Thomas Esq.
EHS Photographic Cup	Eastcote Horticultural Society.
George Arliss Cup	GA Andrews, Esq.
GH Bickerton Cup	GH Bickerton, Esq.
Highmead Cup	Mrs EW Crane.
Hurford Rose Bowl	AT Hurford, Esq.
Jack Hardy Cup	J Hardy, Esq. NDH.
John Marshall Children's Cup	Mrs E Marshall.
JS Ranger Cup	JS Ranger, Esq.
Kathleen Bouquet Cup	HF Bouquet, Esq.
Philip Stagg Award	PH Stagg, Esq.
Popular Gardening Rose Bowl	Popular Gardening Magazine.
Quantocks Cup	E Roland Hole, Esq.
Rosella Blake Trophy	AE Blake, Esq. KLB FLS.
St Catherines Challenge Cup	Mr & Mrs TG Cross.
St Catherines Cup	Mrs TG Cross.
St Vincents Cup	Governors of St Vincents Hospital.
Ted Mills Memorial Trophy	Mrs H Mills.
TG Cross Memorial Cup	Mrs TG Cross.
TG Morris Memorial Challenge Cup	EHS Fruit Group.
Tingay Cup	HC Tingay, Esq.
Tryfan Cup	GM Edwards Esq.
WE Evans Memorial Cup	Mrs WE Evans.
Woodman Cup	VM Woodman, Esq.

ANNUAL AWARDS TO BE PRESENTED AT THE SPRING SHOW

In the event of permission being received from the Royal Horticultural Society the Banksian Medal will be awarded to the competitor gaining the highest number of points for horticultural classes at all shows held during the year. Winners for previous two years are not eligible. Floral Art sections are not eligible.

All cups will be held for one year only and remain the property of the Eastcote Horticultural Society. In the event of a tie, the number of first prizes gained by each exhibitor will be taken into consideration and the cup held jointly, if appropriate.

ALAN CUP	Highest points in Chrysanthemum Classes.
BERTRAM PARK ROSE BOWL	Highest points in Rose Classes.
CROSS CUP	Highest points in Floral Art Classes.
EHS PHOTOGRAPHIC CUP	Highest points in Photography Classes.
FRAN THOMAS CUP	Highest points in Handicraft Classes.
HIGHMEAD CUP	Highest points in Apple Classes.
JOHN MARSHALL CHILDREN'S CUP	Highest points in Children's Classes.
PHILIP STAGG AWARD	Highest points in Pear Classes.
POPULAR GARDENING ROSE BOWL	Highest points in Novice Classes.
ST CATHERINES CUP	Highest points in Home Produce Classes.
T G CROSS MEMORIAL CUP	Highest points in Horticultural Classes.
T G MORRIS MEMORIAL CHALLENGE CUP	Highest points in Fruit Classes.
TRYFAN CUP	Highest points in Vegetable Classes.
WOODMAN CUP	Highest points in Dahlia Classes.

RULES AND REGULATIONS FOR ALL SHOWS

1. There are no entry fees, with the exception of the late entries - refer to point 4 below.
2. No prize money will be awarded, except in the children's classes where the prizes are: first £1; second 75p; third 50p.
3. Points awarded first 5; second 3; third 2; fourth and highly commended 1.
4. Entries to reach Show Manager ideally by 9.00 p.m. on the Wednesday prior to each Show, or to be handed in at the Trading Hut the Sunday before a Show. The Show Manager may accept late entries up until 7.00 pm on Friday, if space for the entry is available.
Any entries made after 7.00 pm on Friday will be at the discretion of the Show Manager and will be charged at 25p each. NO NEW ENTRIES will be accepted after 10.00 am Saturday.
5. Exhibits MUST BE STAGED between 9.00 a.m. and 11.30 am on the day of the Show. At 11.30 am all exhibitors should leave the exhibition hall. Judging will commence promptly at 12 noon.
6. Exhibitors may make a maximum of 3 entries in each class, except where indicated, and can receive more than one award but only one set of points. At Autumn Shows, only 2 entries per class, per exhibitor. This is due to the size of the Show and space available.

7. Vases will be provided by the Society, except where indicated. Exhibitors may use their own vases, if identical to the Society's vases. Floral foam is not allowed in any horticultural exhibits and may be used in Floral Art section only.
8. Any horticultural exhibit must have been the property of and have been grown by the exhibitor for at least two months immediately preceding the Show. The Show Committee shall have the right to inspect the growing plant in the exhibitor's garden or allotment. This rule does not apply to floral art classes.
9. All sections shall be open to all members, partners and children, except where otherwise stated. All exhibitors should be paid up members on the day of the Show.
10. Only people permitted by the Show Committee shall be allowed to remain during judging. Once staged, only Show Committee members can move items on the staging tables.
11. Unless otherwise stated, each flower exhibit must be staged in one vase; one or more varieties may be used.
12. In pot plant classes, unless otherwise stated, pots may be any size. All pots, and any plant labels, should be clean, plain and not display any branding. When plants are exhibited in pots they should be accompanied by saucers, in order to protect the show tables.
13. Judges and the Show Committee have the authority to withhold prizes at their discretion.
14. Where special awards are made for "Best Exhibit", they may only be given to an exhibit attaining a first prize and recommended by the judge.
15. Where special awards are made for highest points, they shall only be given where the exhibitor has attained a first prize in that section. In the event of a tie, the number of firsts awarded to each exhibitor will be taken into consideration.
16. Judging of horticultural exhibits is governed by the rules of the Royal Horticultural Society. The Show will be judged in accordance with the 2016 edition of the RHS Horticultural Show Handbook.
17. All floral art exhibits must be arranged in the exhibition hall on the morning of each Show unless otherwise stated in the schedule. Alcoves are provided – approximately 81 cm high and 56 cm wide and deep. Drapes may be used. Table space will be up to 60cm in width for open staging.
18. Complaints or protests must be made in writing to the Show Manager before 3.00 p.m. on the day of the Show. The Show Committee, whose decision shall be final, shall consider such protests.
19. No exhibit may be removed before time of closing. Any exhibit not removed at the time of closing shall become the property of the Show Committee unless previous arrangements have been made.
20. The Show Committee reserves the right to refuse to accept any entries from any exhibitor and to refuse admission to any show.

21. Photographic entries – maximum size 15 cm x 20 cm (approx. 8”x6”) and all photographs to be unmounted and unframed.

NOTES FOR GUIDANCE AND DEFINITIONS

1. **NOVICE CLASSES:** open only to members who have not won a 1st prize in a similar class at any other Eastcote Horticultural Society Show.
2. **CHILDREN’S CLASSES:** all children’s entries must be arranged without assistance from an adult. In each class, at the discretion of the Judge, four awards may be made for toddlers, infants, juniors and seniors. Age should be stated on entries. Children are deemed to be toddlers/infant/junior/senior as follows: Toddlers (up to 5yrs by 1st September); Infant (up to 7yrs by 1st September); Junior (up to 11yrs by 1st September); Senior (up to 15yrs by 1st September).
3. **HANDICRAFTS AND PHOTOGRAPHS:** - should not have been previously shown in any other Eastcote Horticultural Society Show.
4. **NAMING OF CULTIVARS:** please name the cultivar where possible. Failure to name will not lead to disqualification but Judges will assume “cultivar not known”.
5. **KINDS AND CULTIVARS:** the words “kinds” and “cultivars” are used in this sense: roses and daffodils are kinds of flowers. Red Devil, Peace, King Alfred are cultivars.
6. **FOLIAGE:** in flower classes only the foliage of flowers exhibited will be allowed (e.g. do not put fern with sweet peas).
7. **AN ANNUAL:** a plant which grows from seed and which naturally and ordinarily flowers, seeds and dies (irrespective of frost) within twelve months.
8. **A BIENNIAL:** A plant which grows from seed and which ordinarily requires two seasons to complete its life cycle - growing one year, flowering, seeding and dying in the second.
9. **A PERENNIAL:** a plant, which lives for more than two years (irrespective of frost) Including trees, shrubs and plants, and also plants grown from bulbs, corms, rhizomes and tubers.
10. **A BOWL:** the diameter of the top must be greater than the height.
11. **HOME PRODUCE SECTION:** All jars to be clear glass with no advertising matter or identifying labels except the name of contents and date of production. Metal lids or cellophane tops and a wax disc must be used. No fabric lid covers. If a recipe is given, all entries should use it to ensure exhibits are uniform.
12. **FLORAL ART:** classes will be judged in accordance with the N.A.F.A.S. Competitions Manual.

13. FRUIT: Unless otherwise stated, the quantities required and points available are as follows:

	Quantity	Points		Quantity	Points
Apples, cooking	4	18	Grapes, outdoor	1 bunch	16
Apples, dessert	4	20	Loganberries	8	12
Apricots	3	16	Medlars	5	8
Blackberries	8	12	Melons	1	18
Blueberries	3 strigs	12	Nuts	10	8
Cherries, sour	8	12	Peaches & Nectarines	3	20
Cherries, sweet	8	16	Pears, cooking	4	18
Citrus fruits	2	18	Pears, dessert	4	20
Currants, black	3 strigs	12	Plums, cooking	4	14
Currants, red or white	3 strigs	12	Plums, dessert	4	16
Damsons	6	8	Quinces	3	12
Figs	3	16	Raspberries	8	12
Gooseberries	8	12	Strawberries	6	16
Grapes, indoor	1 bunch	20			

Note: Except for Peaches and Nectarines fruits should be shown with stalks.

14. VEGETABLES: Unless otherwise stated, the quantities required and points available are as follows:

	Quantity	Points		Quantity	Points
Aubergine	2	18	Lettuce	2	15
Beans, runner	6	18	Marrow	2	15
Beans, French dwarf & runner	6	15	Onion, green salad	6	12
Bean, Broad	6	15	Onion, over 250g	3	20
Beetroot, long	3	20	Onion, under 250g	3	15
Beetroot, other	3	15	Parsnip	3	20
Broccoli, sprouting	6	15	Peas	6	20
Brussels Sprouts	8	15	Peas, mange tout & snap	6	15
Cabbage	2	15	Peppers, sweet & hot chilli	3	15
Carrots long pointed	3	20	Potatoes	4	20
Carrots, stump rooted	3	18	Pumpkin	1	10
Cauliflower incl white	2	20	Radishes	6	10
Celery, trench	2	20	Rhubarb	3	12
Celery, other	2	18	Shallots, pickling	6	15
Courgettes	3	12	Shallots, exhibition	6	18
Cucumber, house	2	18	Sweet corn	2	18
Cucumber, outdoor	2	15	Squash summer	2	12
Garlic	3	15	Squash winter	2	10
Herbs	1 bunch	10	Tomatoes, medium	5	18
Leeks	3	20	Tomatoes, large fruit	8	15
			Tomatoes small cherry or plum	8	12

Note: For fruit & vegetables not quoted half the number quoted in the RHS handbook should be shown (the Show Manager has a copy for reference).

SUMMER SHOW
SATURDAY 15th JUNE 2024
SECTION “A” FLOWERS

Unless otherwise specified, exhibits should be one variety/cultivar

CLASS

1. Rose, 1 specimen bloom, large flowered, side buds must be removed.
2. Roses, 3 specimen blooms, large flowered, 1 cultivar, side buds must be removed.
3. Roses, 3 specimen blooms, large flowered, 2 or more cultivars, side buds must be removed.
4. Roses, 6 stems, large flowered, 1 or more cultivars, side buds allowed.
5. Rose, 1 stem, cluster flowered, should consist of 2 or more flowers on each stem.
6. Roses, 3 stems, cluster flowered, 1 cultivar, should consist of 2 or more flowers on each stem.
7. Roses, 3 stems, cluster flowered, 2 or more cultivars, should consist of 2 or more flowers on each stem.
8. Rose, 1 bloom, miniature.
9. Roses, 3 stems, miniature, 1 or more cultivars.
10. Roses, 1 bowl or vase (your own) arranged for frontal effect.

Note: All roses should be shown with clean leaves naturally attached.

HURFORD ROSE BOWL – Highest points in Classes 1 – 10.

EHS SILVER DIPLOMA – Best Rose Exhibit.

EHS SILVER DIPLOMA – Best Rose Bloom.

11. Sweet Peas, 7 stems, 1 cultivar. 3 or more blooms per stem.
12. Sweet Peas, 9 stems, more than 1 cultivar.
13. Sweet Peas, 2 vases, 2 cultivars, 5 stems of 1 cultivar in each.
14. Sweet Peas, 3 vases, 3 cultivars, 5 stems of 1 cultivar in each.
15. Sweet Peas, bowl (your own) arranged for all round effect.

Note: straight stems for all classes. Also, 3 or more blooms per stem for classes 12 - 15.

GEORGE ARLISS CUP – Best Exhibit Classes 12– 15 (Sweet Peas).

EHS GOLD DIPLOMA – Highest points in Classes 12– 16 (Sweet Peas).

EHS SILVER DIPLOMA – Best Exhibit in Class 16 (Sweet Peas).

16. Pelargonium, Angel, 1 pot.
17. Pelargonium, decorative leaf cultivar, 1 pot.
18. Pelargonium, ivy leaf cultivar, 1 pot.
19. Pelargonium, miniature, 1 pot (pot size not to exceed 90 mm (3.5”) diam).
20. Pelargonium, regal, 1 pot.
21. Pelargonium, scented leaf cultivar, 1 pot.
22. Pelargonium, stella, 1 pot.
23. Pelargonium, zonal, 1 pot.

EHS GOLD DIPLOMA – Highest points in Classes 17– 24 (Pelargoniums).

EHS SILVER DIPLOMA – Best Exhibit in Classes 17 – 24 (Pelargoniums).

24. African violet, 1 pot.
25. Alpine, 1 pot.
26. Annuals, 4 stems, 1 kind (not eligible for any other class).
27. Biennials, 4 stems, 1 kind (not eligible for any other class).
28. Begonia, decorative foliage, 1 pot.
29. Begonia, flowering, 1 pot.
30. Cactus, collection, 6 pots.
31. Cactus, 1 pot.
32. Clematis, 3 blooms, same cultivar, floating in water in own bowl.
33. Coleus, 1 pot.

34. Delphinium, 1 spike.
35. Delphinium, 6 flowers, can be mixed, in own bowl.
36. Ferns, 5 fronds, one vase, 2 or more cultivars.
37. Flowering plant(s), 1 pot (not eligible for any other class).
38. Flowering shrub, 3 stems, one cultivar (not eligible for any other class).
39. Foliage plant(s), 1 pot (not eligible for any other class).
40. Fuchsia, 1 pot, non-standard.
41. Fuchsia, 3 blooms, 3 cultivars, in own container.
42. Fuchsia, a standard, 1 pot, min 450mm (18")/clear stem between soil and lowest branch.
43. Grasses, 1 vase cultivated grasses, two or more cultivars.
44. Hosta, 5 leaves, at least 2 cultivars.
45. Mixed flowers, not less than 3 kinds, arranged for all round effect.
46. Orchid, 1 pot, any cultivar.
47. Pansies, 5 blooms, in own bowl.
48. Perennials, 3 different cultivars, 1 stem of each in each vase.
49. Perennials, 3 stems, 1 kind.
50. Pinks / Carnations, 5 stems, 1 or more cultivars.
51. Planted container, max size 400mm (16") width, not less than 3 plants, 1 or more cultivars.
52. Succulent collection, excluding Cacti, 6 pots.
53. Succulent, excluding Cactus, 1 pot.
54. Sweet Williams, 4 stems.
55. Violas / violettas, 5 blooms, in own bowl.
56. Any other flower, 1 kind, 1 stem (not eligible for any other class).

JACK HARDY CUP – Highest points in Flowers Section “A”.

EHS SILVER DIPLOMA – Best Exhibit in Classes 25 - 57.

SECTION “B” VEGETABLES

CLASS

57. Beans, Broad, 6, stalks on, uniform length.
58. Bunch of mixed herbs (in water), minimum 3 cultivars.
59. Culinary herbs, 1 pot, 1 or more cultivars.
60. Lettuces, 2, same cultivar. Roots washed, wrapped in damp tissue, then in a plastic bag.
61. Onions, green salad, 6. Retain foliage and roots, wash well.
62. Onions, 3. Not harvested. Do not over skin. Trim foliage and wash roots.
63. Radishes, 6. Trim foliage to approx 40 mm.
64. Rhubarb, 3 sticks. Straight and long. Foliage trimmed to approx 75 mm.
65. Shallots, pickling type, 6. Thin necks. Max 30mm diam. Tops tied neatly.
66. Any other vegetable, 1 dish (see note 14, page 6).

EHS GOLD DIPLOMA – Highest points in Vegetables Section “B”.

EHS SILVER DIPLOMA – Best Exhibit in Vegetables Section “B”.

SECTION “C” FRUIT

CLASS

67. Blackcurrants, 3 strigs.
68. Cherries, 8, with stalks.
69. Raspberries, 8, with stalks and calyces.
70. Pink, Red or White Currants, 3 strigs.
71. Strawberries, 6, with stalks and calyces.
72. Gooseberries, 8, with stalks.
73. Fruit, 3 different kinds, 1 dish of each kind. (See note 13, page 6).
74. Any other fruit, 1 dish, 15 points and over (see note 13 page 6).
75. Any other fruit, 1 dish, up to 14 points (see note 13, page 6).

EHS GOLD DIPLOMA – Highest points in Fruit Section “C”.
EHS SILVER DIPLOMA – Best Exhibit in Fruit Section “C”.

SECTION “D” NOVICES

CLASS

- 76. Fruit, 1 cultivar, 1 dish (not eligible for any other class) See note 13, page 6 for quantity.
- 77. Berries, raspberries or strawberries but one type only, 1 dish, 6.
- 78. Currants, 1 dish, 2 strigs.
- 79. Rhubarb, 3 sticks.
- 80. Vegetables, 1 cultivar, 1 dish (not eligible for any other class) See note 14, page 6 for quantity.
- 81. Mixed flowers, not less than 3 kinds.
- 82. Pelargonium, 1 pot.
- 83. Cactus, 1 pot.
- 84. Rose, 1 bloom, no side buds.
- 85. Roses, 3 stems.
- 86. Sweet Peas, 7 stems, 1 or more cultivars.

QUANTOCKS CUP – Highest points in Novices Section “D”.
EHS SILVER DIPLOMA – Best Exhibit in Novices Section “D”.

SECTION “E” FLORAL ART

All Classes may be taken to the show complete.

CLASS

- | | |
|---|--------------------------|
| 87. The beach. | An exhibit in an alcove. |
| 88. A stitch in time | An exhibit in an alcove. |
| 89. Inspired by poetry. Name of poem or line of poetry to be shown. | An exhibit in an alcove. |
| 90. Summertime. | A small scale exhibit. |
| 91. Novices – table arrangement for a lunch party | An exhibit. Open Staging |

CONDOR CUP – Highest points in Floral Art Section “E”.
EHS SILVER DIPLOMA – Best Exhibit in Floral Art Section “E”.

SECTION “F” HOME PRODUCE

All entrants can use commercial ingredients

For all preserves: waxed discs should be trimmed as needed to fit and sealed lids or cellophane tops used. See note 11 page 5

CLASS

- 92. Seed cake – using recipe provided in Appendix.
- 93. Melting moments biscuits, 4 - using recipe provided in Appendix.
- 94. Cherry and almond traybake, 4 squares - using recipe provided in Appendix.
- 95. Jam tarts, 4
- 96. Lemon curd, 1 Jar.
- 97. Jelly, 1 Jar.
- 98. Jam, 1 Jar.

EHS GOLD DIPLOMA – Highest points in Home Produce “F”.
EHS SILVER DIPLOMA – Best Exhibit in Home Produce “F”.

SECTION “G” HANDICRAFTS

CLASS

- 99. A knitted item.
- 100. An item of crochet.

- 101. Soft toy (not knitted or crocheted).
- 102. A sewn item (e.g. tapestry, cross-stitch, embroidery).
- 103. Picture, painting or drawing, any medium not covered by another class.
- 104. Any item of decoupage.
- 105. Greeting card (any medium except decoupage).
- 106. Any other item of handicraft not covered by another class.

EHS GOLD DIPLOMA – Highest points in Handicraft Section “G”.

EHS SILVER DIPLOMA – Best Exhibit in Handicraft Section “G”.

SECTION “H” PHOTOGRAPHY

Maximum size 200mm x 150mm (8”x6”) – all photographs to be un-mounted and unframed.

CLASS

- 107. Down on the farm
- 108. Steps or stairs
- 109. Insect life
- 110. Garden tools

EHS GOLD DIPLOMA – Highest points in Photography Section “H”.

EHS SILVER DIPLOMA – Best Exhibit in Photography Section “H”.

SECTION “I” CHILDREN

Any child from a member’s family – see Notes for Guidance and Definitions for age groups.

CLASS

- 111. Copy a verse (or verses) from a poem relevant to “Summer” and decorate the page appropriately. Maximum A4 size.
- 112. Draw a face on a hard boiled egg. Display in an egg cup or part of an egg box.
- 113. Design a hat for a holiday. Could be made from any material and must be able to be worn.
- 114. A flower arrangement for a summer lunch table, using fresh flowers, in own container. Flowers to be named. Maximum 30cm (12”) height, width and depth.

EHS SILVER DIPLOMA – Best Exhibit in Children’s Section “I” for each age group.

APPENDIX

SEED CAKE (with thanks to Mary Berry)

INGREDIENTS

- 225 g / 8 oz self-raising flour
- 1 level teaspoon baking powder
- 150 g / 5 oz softened butter
- 150 g / 5 oz caster sugar
- 2 large eggs
- 2 tablespoons milk
- 50 g / 2 oz chopped candied peel
- 2 level teaspoons caraway seeds

INSTRUCTIONS

1. Preheat the oven to 180°C / 160°C fan / Gas 4. Grease a 18 cm / 7" diameter deep round cake tin and line with baking parchment.
2. Mix all the cake ingredients (except the peel and seeds) into a large bowl. Beat for about a minute until well combined. Carefully fold in the peel and seeds, keeping some seeds to sprinkle over the cake.
3. Tip the mixture into the lined tin and sprinkle the remaining seeds over the top.
4. Bake in the oven for about 1 hour or until well-risen and golden brown and a skewer inserted into the centre comes out clean. Let it cool in the tin for about 10 minutes.
5. Turn out onto a wire rack and peel off the parchment. Leave to cool.
6. Carry carefully to the Show. Transfer cake onto a paper plate which will be provided.

MELTING MOMENTS BISCUITS (with thanks to Mary Berry)

INGREDIENTS

- 225 g / 8 oz softened butter
- 175 g / 6 oz golden caster sugar
- 2 large egg yolks
- A few drops of vanilla extract
- 275 g / 10 oz self-raising flour
- 50 g / 2 oz porridge oats
- 12 red or natural glace cherries

INSTRUCTIONS

1. Pre-heat your oven to 190°C / 170°C fan / Gas 5. Line 2 baking trays with baking parchment. This quantity makes about 36 biscuits.
2. Mix the butter, sugar, egg yolks, vanilla extract and flour into a bowl and beat together to form a soft dough.
3. Divide the mix into about 36 portions, forming each into a ball and roll in the oats, to cover evenly.
4. Flatten each ball slightly and place a quarter of cherry on the top. Place on the baking trays.
5. Bake in the oven for about 20 minutes or until golden. Leave to cool on the trays for a few minutes before lifting onto a wire rack to cool.
6. Choose the 4 biscuits which look the best and are uniform in shape, size and colour. Bring them to the Show and place them on a paper plate which will be provided.

CHERRY AND ALMOND TRAYBAKE (with thanks to Mary Berry)

INGREDIENTS

- 225 g / 8 oz red or natural glace cherries
- 275 g / 10 oz self-raising flour
- 2 level teaspoons baking powder
- 225 g / 8 oz softened butter
- 225 g / 8 oz caster sugar
- Finely grated rind of 2 lemons
- 75 g / 3 oz ground almonds
- 5 large eggs
- 25 g / 1 oz flaked almonds

INSTRUCTIONS

1. Pre-heat your oven to 180°C / 160°C fan / Gas 4. Grease a 30 cm x 23 cm / 12" x 9" traybake tin. Line with baking parchment.
2. Cut cherries into quarters, put in a sieve and rinse under running water. Drain and dry well on kitchen paper. This prevents them sinking during cooking.
3. Mix all ingredients (except cherries and almonds) into a bowl and beat for about a minute to mix thoroughly.
4. Lightly fold in the cherries. Turn into the baking tray and sprinkle with the almonds.
5. Bake in the oven for about 40 minutes or until the cake has shrunk away from the sides and springs back when pressed in the centre with fingertips. Leave to cool in the tin then cut into neat squares.
6. Choose the 4 squares which look the best and are uniform in shape, size and colour. Bring them to the Show and place them on a paper plate which will be provided.

ENTRIES

If you would like to enter an exhibit(s) into the Show entries can be made by 9pm on Wednesday prior to Show:

- (a) Telephoned to Richard & Viv Lefley 0208 868 8762
- (b) Delivered to Richard & Viv Lefley 10 Hawthorne Avenue, Eastcote, HA4 8SS
- (c) Sent by email to eastcotehorticultural@yahoo.co.uk

Members are asked to use the following format:

Name: Mr/Mrs/Ms/Miss__(initials)____Surname_____

Class Numbers_____

Age: (if entering Children's Classes, please refer to Note 2) _____

NOTE: To order to facilitate the planning of the show, exhibitors are asked to ensure that entries are submitted by **9 pm on Wednesday** prior to the show. Members are advised to submit entries even if there is a possibility that they might be withdrawn, as this helps planning. Late entries can, however, be submitted up to Friday 7 pm without charge. If you wish to make entries, after that time and before 10 am Saturday morning, they are subject to the discretion of the Show Manager and at a charge of 25p per entry.

Version: Feb 2024 v2