# EASTCOTE HORTICULTURAL SOCIETY <br> FOUNDED 1940 



PRESIDENT:
Catherine Dann

## CHAIRMAN: <br> Gerry Edwards

## SHOW COMMITTEE:

Fran Thomas

Sue Alexander
Valerie Crowe

## 1. <br> SHOW SCHEDULE 2008/ 2009

|  | $\underline{\underline{2008}}$ | $\underline{\underline{2009}}$ |
| :--- | :--- | :--- | :--- |
| SPRING SHOW: | $\mathbf{1 5}^{\text {th }}$ March | $\mathbf{2 1}^{\text {st }}$ March |
| SUMMER SHOW: | $\mathbf{2 1}^{\text {st }}$ June | $\mathbf{2 0}^{\text {th }}$ June |
| AUTUMN SHOW: | $\mathbf{1 3}^{\text {th }}$ September | $\mathbf{1 2}^{\text {th }}$ September |

ALL AT<br>Eastcote Community Centre, Southbourne Gardens, Eastcote<br>$2.30-4.30 \mathrm{pm}$<br>Prize giving at 4.15 pm

SPONSORED BY:
STILLWATER BATHROOM CENTRE
Field End Road Eastcote


# Eastcote Horticultural Society 

## OFFICERS

\author{

Chairman <br> General Secretary: <br> Colin Jones <br> | Trading Secretary: | Alan Thomas |
| :--- | :--- |
| Show Committee: | Fran Thomas | <br> Sue Alexander <br> Valerie Crowe <br> \section*{Treasurer: Wayne Hirst} <br> \section*{Bulletin Editor:} <br> David Barlow <br> All Officers - E-mail = eastcotehorticultural@yahoo.co.uk <br> \section*{THE TRADING HUT}

}

The EHS Trading Hut is a not-for-profit community organisation run solely by volunteers for the benefit of our members. The proceeds from trading contribute towards our shows and hut maintenance.

The hut carries an extensive range of garden products including fertilisers, soils, composts, canes and garden accessories. Bulbs, tubers and plants are sold in the spring and autumn. Arrangements can be made for members to sell their own plants. The Society holds a number of plant sales.

Membership is $£ 2$ per year.

## AFFILIATED TO:

The Royal Horticultural Society; The Middlesex Federation of Horticulture and Allotment Societies.
PAST PRESIDENTS

# PJ Beere FIPA; HH Crane; Mrs E Cross; Mrs H Cross; TG Cross; J Hardy NDH; B Park OBE,VMH, DHM; V M Woodman 

VICE PRESIDENTS

CF Spires; Mrs P Spires;

## CHALLENGE CUPS

Name

Alan Cup
Bertram Park Rose Bowl
GH Bickerton Cup
Cartwright Cup
Condor Cup
Crane Cup
TG Cross Memorial Cup
Cross Cup
Eastcote Cup
EHS Handicrafts Cup
EHS Photographic Cup
WE Evans Memorial Cup
George Arliss Cup
Highmead Cup
Hurford Rose Bowl
Jack Hardy Cup
John Marshall Children's Cup
Kathleen Bouque Cup
Ted Mills Memorial Trophy
TG Morris Memorial Challenge Cup
The Philip Stagg Award
Popular Gardening Rose Bowl
Quantocks Cup
JS Ranger Cup
Rosella Blake Trophy
St Catherines Challenge Cup
St Catherines Cup
St Vincents Cup
Tingay Cup
Woodman Cup

## Donor

PJ Beere, Esq. FIPA.
B Park, Esq. OBE, VMH, DHM.
GH Bickerton, Esq.
HVL Cartwright, Esq.
Condor (Floral Artists) Ltd.
HH Crane, ESQ. FLS.
Mrs TG Cross.
Mr \& Mrs TG Cross.
Eastcote Horticultural Society.
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Eastcote Horticultural Society.
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E Roland Hole, Esq.
JS Ranger, Esq.
AE Blake, Esq. KLB FLS.
Mr \& Mrs TG Cross.
Mrs TG Cross.
Governors of St Vincents Hospital.
HC Tingay, Esq.
VM Woodman, ESQ.

## ANNUAL AWARDS TO BE PRESENTED AT THE A.G.M

In the event of permission being received from the Royal Horticultural Society the BANKSIAN MEDAL will be awarded to the competitor gaining the highest number of points for horticultural classes at all shows held during the year. Winners for previous two years are not eligible. Floral Art sections are not eligible. The winner of the Banksian Medal is not eligible to win the RHS Bronze Medal.
All cups will be held for one year only and remain the property of the Eastcote Horticultural Society. In the event of a tie, the number of first prizes gained by each Exhibitor will be taken into consideration and the cup jointly held, if appropriate.

T G CROSS MEMORIAL CUP - Highest points in Horticultural Classes.<br>ALAN CUP - Highest points in Chrysanthemum Classes.<br>BERTRAM PARK ROSE BOWL - Highest points in Rose Classes.<br>CROSS CUP - Highest points in Floral Art Classes.<br>HIGHMEAD CUP - Highest points in Apple Classes.<br>THE PHILIP STAGG AWARD - Highest points in Pear Classes (The winner for the previous year is not eligible).<br>JOHN MARSHALL CHILDREN'S CUP - Highest points in Children's Classes (Presented at the Autumn Show).<br>POPULAR GARDENING ROSE BOWL - Highest points in Novice Classes.<br>WOODMAN CUP - Highest points in Dahlia Classes.<br>ST CATHERINES CUP - Highest points in Domestic Classes.<br>T G MORRIS MEMORIAL CHALLENGE CUP - Highest points in Fruit Classes<br>EHS HANDICRAFTS CUP - Highest points in Handicrafts Classes<br>EHS PHOTOGRAPHIC CUP - Highest points in Photography Classes

## RULES AND REGULATIONS FOR ALL SHOWS

1. There are no entry fees.
2. No prize money will be awarded, except in the children's classes where the prizes are first 50 p ; second 30 p ; third 20 p .
3. Points awarded first 5; second 3; third 2; fourth and highly commended 1 .
4. Entries to reach SHOW SECRETARY by 9.00 p.m. on the Wednesday prior to each Show, or to be handed in at the Trading Hut the Sunday before a Show.
5. Exhibits MUST BE STAGED between 9.00 a.m. and 11.45 am on the day of the Show. Judging will commence promptly at 12 noon. In exceptional circumstances the Show Secretary may accept entries on the morning of the show until 11.30am.
6. Competitors may make a maximum of 3 entries in each class, except where indicated, and can receive more than one award but only one set of points.
7. Vases will be provided by the Society, except where indicated. Competitors may use their own vases, if identical to the Society's vases.
8. Any horticultural exhibit must have been the property of and have been grown by the Exhibitor for at least two months immediately preceding the Show. The Show Committee shall have the right to inspect the growing plant in the Exhibitor's garden or allotment. This rule does not apply to floral art classes.
9. All sections shall be open to all members and their partners, except where otherwise stated.
10. Only people permitted by the Show Committee shall be allowed to remain during judging.
11. Unless otherwise stated, each flower exhibit must be staged in one vase; one or more varieties may be used.
12. In pot plant classes, unless otherwise stated, pots must not exceed $18 \mathrm{~cm}(7$ ") diam.
13. Judges and the Show Committee have the authority to withhold prizes at their discretion.
14. Where special awards are made for "Best Exhibit", they shall only be given to an exhibit attaining a first prize.
15. Prizes awarded for highest points in any section shall only be given where the Exhibitor has attained a first prize in that section. In the event of a tie, the number of firsts awarded to each Exhibitor will be taken into consideration.
16. Judging of the exhibits is governed by the rules of the Royal Horticultural Society.
17. All floral art exhibits, except petite and miniature exhibits, must be arranged in the exhibition hall on the morning of each Show unless otherwise stated the schedule. Alcoves provided - approximately 45 cm wide. Table space will be up to 60 cm for open staging. Petite exhibit must not exceed 25 cms in width, depth and height.
18. Complaints or protests must be made in writing to the Show Secretary before $3.30 \mathrm{p} . \mathrm{m}$. on the day of the Show. Such protests shall be considered by the Show Committee, whose decision shall be final.
19. No exhibit may be removed before time of closing. Any exhibit not removed at the time of closing shall become the property of the Show Committee unless previous arrangements have been made.
20. The Show Committee reserves the right to refuse to accept any entries from any Exhibitor and to refuse admission to any show.
21. Photographic entries - maximum size 8 "x 6 " and all photographs to be unmounted.

## 1. NOTES FOR GUIDANCE AND DEFINITIONS

1. NOVICE CLASSES: open only to members who have not won a $1^{\text {st }}$ prize in a similar class at any other show.
2. CHILDREN'S CLASSES: All children's entries must be arranged without assistance from an adult. In each class at the discretion of the Judge, four awards may be made for toddlers, infants, juniors and seniors. Age should be stated on entries. Children are deemed to be toddlers/infant/junior/senior as follows: Toddlers (up to 5 by $1^{\text {st }}$ September); Infant (up to 7 by $1^{\text {st }}$ September); Junior (up to 11 by $1^{\text {st }}$ September); Senior (up to 15 by $1^{\text {st }}$ September).
3. HANDICRAFTS AND PHOTOGRAPHS: - Should not have been previously shown.
4. NAMING OF CULTIVARS: Please name the cultivar where possible. Failure to name will not be disqualified but Judges will assume " cultivar not known".
5. KINDS AND CULTIVARS: The words "kinds" and "cultivars" are used in this sense: roses and daffodils are kinds of flowers. Red Devil, Peace, King Alfred are cultivars of flowers.
6. FOLIAGE: In flower classes only the foliage of flowers exhibited will be allowed (e.g. do not put fern with sweet peas etc.)
7. AN ANNUAL: a plant which grows from seed and which naturally and ordinarily flowers, seeds and dies (irrespective of frost) within twelve months.
8. A BIENNIAL: a plant, which grows from seed and which ordinarily requires two seasons to complete its life cycle - growing one year, flowering, seeding and dying in the second.
9. A PERENNIAL: a plant, which lives for more than two years (irrespective of frost) Including trees, shrubs and plants, and also plants grown from bulbs, corms, rhizomes and tubers.
10. A BOWL: the diameter of the top must be greater than the height.
11. DOMESTIC SECTION: All sizes of cakes are a guide only and not for judging the product. All preserves to be current season. All jars to be clear glass with no advertising matter or identifying labels except the name of contents and date. Metal lids must have an inner lining and a wax disc. No fabric lid covers. If a recipe is given, all entries should use it to ensure more uniform exhibits.
12. WINE: Wine bottles should be clear glass punted bottom type and labelled with a plain label not larger than $6.5 \mathrm{~cm} \times 2.5 \mathrm{~cm}$ placed 2 cm from the neck of the bottle, stating type, date and whether sweet or dry. The Judges reserve the right to reclassify any entry and to open any exhibit. Flanged corks only.
13. FLORAL ART: classes will be judged in accordance with the N.A.F.A.S. Handbook of Schedule Definitions.
14. FRUITS AND VEGETABLES - A collection of entries marked * will be awarded double points as applicable.

FRUIT: Unless otherwise stated, the quantities required and points available are as
follows:

|  | Quantity | Points |  | Quantity | Points |
| :--- | :---: | :---: | :--- | :---: | :---: |
| Apples, cooking | 4 | 18 | Grapes, outdoor | 1 bunch | 16 |
| Apples, dessert | 4 | 20 | Loganberries | 8 | 12 |
| Apricots | 3 | 16 | Medlars | 5 | 8 |
| Blackberries | 8 | 12 | Melons | 1 | 18 |
| Blueberries | 5 strigs | 12 | Nuts | 10 | 8 |
| Cherries, sour | 8 | 12 | Peaches \& Nectarines | 3 | 20 |
| Cherries, sweet | 8 | 16 | Pears, cooking | 4 | 16 |
| Citrus fruits | 3 | 18 | Pears, dessert | 4 | 20 |
| Currants, black | 5 strigs | 12 | Plums, cooking | 4 | 18 |
| Currants, red or white | 5 strigs | 12 | Plums, dessert | 4 | 20 |
| Damsons | 6 | 8 | Quinces | 3 | 12 |
| Figs | 3 | 16 | Raspberries | 8 | 12 |
| Gooseberries | 8 | 12 | Strawberries | 6 | 16 |
| Grapes, indoor | 1 bunch | 20 |  |  |  |

16. VEGETABLES: Unless otherwise stated, the quantities required and points available are as

## follows:

|  | Quantity | Points |  | Quantity | Points |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Aubergines | 2 | 18 | Lettuce | 2 | 15 |
| Beans, runner | 6 | 18 | Marrow | 1 | 15 |
| Beans, dwarf \& climbing French | 6 | 15 | Onions, green salad | 6 | 12 |
| Beans, broad | 6 | 15 | Onions, over 250 g | 3 | 20 |
| Beetroot, long | 3 | 20 | Onions, under 250 g | 3 | 15 |
| Beetroot, other | 3 | 15 | Parsnips | 3 | 20 |
| Brussels Sprouts | 10 | 15 | Peas | 6 | 20 |
| Cabbage | 2 | 15 | Peas, mange tout and snap | 6 | 15 |
| Carrots, long pointed | 3 | 20 | Peppers, sweet Hot Chilli | $\begin{aligned} & 3 \\ & 9 \end{aligned}$ | 15 |
| Carrots, stump rooted | 3 | 18 | Potatoes | 4 | 20 |
| Cauliflower incl. white headed "broccoli" | 2 | 20 | Pumpkin | 1 | 10 |
| Celery, trench | 2 | 20 | Radishes | 6 | 10 |
| Celery, other | 2 | 18 | Rhubarb | 3 | 12 |
| Courgettes | 3 | 12 | Shallots, pickling | 8 | 12 |
| Cucumber, house | 2 | 18 | Shallots, exhibition | 8 | 18 |
| Cucumber, ridge | 2 | 15 | Sweet corn | 3 | 18 |
| Garlic | 3 | 15 | Tomatoes, medium | 6 | 18 |
| Herbs | Bunch | 10 | Tomatoes, large fruited | 4 | 15 |
| Leeks | 3 | 20 | Tomatoes, small, cherry, or plum. | 8 | 12 |

Except for Peaches and Nectarines fruits should be shown with stalks. For fruit \& vegetables not quoted half the number quoted in the RHS handbook should be shown (The Show Secretary has a copy for reference).

## DIVISION 1. TRUMPET DAFFODILS OF GARDEN ORIGIN.



One flower to a stem; Corona, (trumpet), as long as, or longer, than the perianth segments, (petals).

## DIVISION 2. LARGE CUPPED DAFFODILS OF GARDEN ORIGIN.




One flower to a stem; corona, (cup), more than one third but less than equal to the length of the perianth segments, (petals).

DIVISION 3. SMALL CUPPED DAFFODILS OF GARDEN ORIGIN.


One flower to a stem; corona, (cup), not more than one third the length of the perianth segments, (petals).

DIVISION 4. DOUBLE DAFFODILS OF GARDEN ORIGIN.


One or more flowers to a stem; with doubling of the perianth segments or the corona or both.

## DIVISION 5. TRIANDRUS DAFFODILS OF GARDEN ORIGIN.



Characteristics of N. triandrus clearly evident; usually two or more pendant flowers to a stem; perianth segments reflexed.

## DIVISION 6. CYCLAMINEUS DAFFODILS OF GARDEN ORIGIN.



Characteristics of N.cyclamineus clearly evident; one flower to a stem; perianth segments significantly reflexed; flower at an acute angle to the stem, with very short pedicel, (neck).

## DIVISION 7. JONQUILLA DAFFODILS OF GAREN ORIGIN.



Characteristics of the N. jonquilla group clearly evident; unusually one to three flowers to a rounded stem; leaves narrow, dark green; perianth segments spreading not reflexed; flowers fragrant.

## DIVISION 8. TAZETTA DAFFODILS OF GARDEN ORIGIN.



Characteristics of the N. tazetta group clearly evident; usually three to twenty flowers to a stout stem; leaves broad; perianth segments spreading not reflexed; flowers fragrant.

## DIVISION 9. POETICUS DAFFODILS OF

 GARDEN ORIGIN.

Characteristics of the N . poeticus group without admixture of any other; usually one flower to a stem; perianth segments pure white; corona usually disc shaped, with a green or yellow centre and a red rim; flowers fragrant.

DIVISION 10. SPECIES, WILD VARIANTS AND WILD HYBRIDS.


All species and wild or reputedly wild variants including those with double flowers.

## DIVISION 11. SPLIT CORONA DAFFODILS OF GARDEN ORIGIN.



Div 11 a


Div 116

Corona split - usually for more than half its length;
a) Collar Daffodils.

Split corona daffodils with the corona segments opposite the perianth segments usually in two whorls of three.
b) Papillon Daffodils.

Split corona daffodils with the corona segments alternate to the perianth segments usually in a single whorl of six.

DIVISION 12. MISCELLANEOUS DAFFODILS.
All daffodils not falling into one of the foregoing divisions. These are not illustrated owing to wide variation in shape and size between the flowers involved.
NOTE - The characteristics for divisions 5 to 9 are given for guidance only; they are not necessarily expected to be present in every cultivar assigned thereto.
For exhibition purposes, Tazetta Daffodils in division 8 are often divided into 2 classes. Poetaz, with typically two to five flowers of medium size and Tazetta, with a large number of smaller flowers. The two types are illustrated on the previous page.

# SPRING SHOW <br> SATURDAY $15{ }^{\text {th }}$ MARCH 2008 <br> SATURDAY 2 ${ }^{\text {st }}$ MARCH 2009 

## SECTION "A" DAFFODILS

NOTE: Guidance for divisions is included in this schedule prior to this Spring Show Section. Unless otherwise specified, exhibits should be one variety/cultivar.

## CLASS

1. Division 1,1 bloom.
2. Division 1,3 blooms.
3. Division 2, 1 bloom.
4. Division 2, 3 blooms.
5. Division 3, 1 bloom.
6. Division 3, 3 blooms.
7. Division 4, 1 stem.
8. Division 4, 3 stems.
9. Division 5, 3 stems.
10. Division 6, 3 stems.
11. Division 7, 3 stems.
12. Division 8, 3 stems.
13. Division 8,1 stem.
14. Division 9, 3 stems.
15. Division 11, 3 stems.
16. Any division, all yellow ( $\mathrm{y}-\mathrm{y}$ ), 3 blooms.
17. Any division, all white (w-w), 3 blooms.
18. 1 vase, 3 blooms, 3 different cultivars.
19. 3 vases of 3 blooms each, 3 cultivars, (one cultivar in each vase).
20. Miniature Daffodils, 3 stems, 1 cultivar.
21. Daffodils, own container arranged for all round effect. Any division, any colours, any cultivar, minimum 9 blooms.

J S RANGER CUP -
W E EVANS MEMORIAL TROPHY -
EHS SILVER DIPLOMA EHS SILVER DIPLOMA -
EHS SILVER DIPLOMA -

Highest points in Daffodils Section "A".
Best Exhibit in Class 19.
Second highest points in Daffodils Section "A".
Best vase of Daffodils.
Best Daffodil bloom.

## SECTION "B" OTHER HORTICULTURE <br> Unless otherwise specified, exhibits should be one variety/cultivar.

CLASS
22. Tulips, 3 blooms.
23. Flowering shrub, 3 stems.
24. Polyanthus, 5 stems, can be mixed cultivars.
25. Any other flower, 1 kind, 5 stems.
26. Mixed flowers, not less than 3 kinds.
27. Alpine, 1 pot.
28. Bulbs/corms/tubers growing in a pot or bowl (any size).
29. Cactus, 1 pot (any size).
30. Succulent, excluding Cactus, 1 pot (any size).
31. Polyanthus, 1 pot.
32. Primula, 1 pot.
33. Orchid, any cultivar, 1 pot (any size).
34. Foliage plant(s), not eligible for any other class, 1 pot.
35. Flowering plant(s), not eligible for any other class, 1 pot.
36. Any vegetable, 1 dish (see note 16, page 6).
37. Pansies, 6 blooms, can be mixed cultivars.
38. Heathers, hardy, in flower, 1 vase 5 stems, can be mixed cultivars.
39. Camelias, 3 blooms, floating in water in own bowl.
40. Hyacinth, 1 cut stem.
41. Hyacinths, 3 cut stems, 1 or more colours.
42. Hyacinth, 1 in a pot or container.
43. Hyacinths, 3 in a pot or container.
44. Amaryllis, 1 pot.
45. Tulips, pot, any size.
46. Hellebores, 5 blooms in moss, sand or water.
47. Wallflowers, 4 stems.

EHS GOLD DIPLOMA - Highest points in Other Horticulture Section "B". EHS SILVER DIPLOMA - Best Exhibit in Other Horticulture Section "B".

## SECTION "C" NOVICE

## CLASS

48. Daffodil, 1 stem.
49. Daffodils, white, 3 stems.
50. Daffodils, yellow, 3 stems.
51. Flowering or foliage plant(s), 1 pot, any size.
52. Mixed flowers, not less than 3 kinds.
53. Hyacinth, 1 cut stem.
54. Hyacinths, 3 cut stems, 1 or more colours.
55. Hyacinth, 1 in a pot.
56. Hyacinths, 3 in a pot.
57. Tulips, 1 pot, any size.

EHS GOLD DIPLOMA - Highest points in Novices Section "C".
EHS SILVER DIPLOMA - Best Exhibit in Novices Section "C".

## SECTION "D" FLORAL ART

2008
CLASS
1.
2.
3.
59.
60. Mini Spring
1.

2009
CLASS
58. Welcome Spring
" SPRING"
A landscape design - open staging.
59. Spring Flowers
60. Tranquillity
61. Two of a kind
62. Keep it Small
63. NOVICES: In a Basket

An exhibit.
An exhibit featuring water.
An exhibit with two placements.
A petite exhibit.
An exhibit - open staging.

EHS GOLD DIPLOMA - Highest points in Floral Art Section "D". EHS SILVER DIPLOMA - Best Exhibit in Floral Art Section "D".

## SECTION "E" DOMESTIC

## 2008

CLASS

1. Marmalade, 1 jar.
2. Lemon Curd, 1 jar.
3. Pickled onions or shallots, 1 jar.
4. Chutney, any type.
5. Jam, any type.
6. Homemade Ginger Beer, 1 bottle.
7. Swirly Meringues, 4.
8. Decorated Sandwich Cake, own recipe
9. Apple Tarts, 4.
10. Cheese and Tomato Patties, 2.
11. GENTLEMEN'S CLASS - Carrot cake.

2009
i.
59. Lemon Curd, 1 jar.
60. Pickled onions or shallots 1 jar.
61. Chutney, any type.
62. Jam, any type.
69. Home-made Lemonade, 1 bottle.
70. Cheesy Choux Buns, 4.
71. Banana Loaf.
72. Baked Apple Dumplings, 2.
73. Battenburg Cake.
74. GENTLEMEN'S CLASS - Fruit flan.

EHS GOLD DIPLOMA - Highest points in Domestic Section "E". EHS SILVER DIPLOMA - Best Exhibit in Domestic Section "E".

## SECTION "F" HANDICRAFT

CLASS
1.
2.
3.
4.
5.
$\begin{array}{ll}6 . & \text { A tapestry. } \\ 76 . & \text { Decoupage }\end{array}$
77. Greeting card (any medium).
78. Woodwork.
79. A Hand or Machine sewn garment.

EHS GOLD DIPLOMA - Highest points in Handicraft Section "F". EHS SILVER DIPLOMA - Best Exhibit in Handicraft Section "F".

## SECTION "G" PHOTOGRAPHY

Note : maximum size $8 " \times 6$ " - all photographs to be unmounted
\(\left.\begin{array}{lllll}2008 \& \& \begin{array}{l}2009 <br>

CLASS\end{array} \& CLASS\end{array}\right]\)| 8 new start. |
| :--- |

EHS GOLD DIPLOMA - Highest points in Photography Section "G". EHS SILVER DIPLOMA - Best Exhibit in Photography Section "G".

## SECTION "H" HOMEMADE BEER AND WINE

## CLASS

89. 3 bottles of Wine, all different.

EHS GOLD DIPLOMA - Highest points in Homemade Beer and Wine Section "H". EHS SILVER DIPLOMA - Best Exhibit in Homemade Beer and Wine Section "H".

## SECTION "I" CHILDREN

Note: any child from a member's family - see rules for age definitions

## 2008

A Daffodil - made from an egg carton - less than 30 cm tall.
63. A Posy of Spring Flowers, named.
64. 4 Chocolate and Sultana Cookies- see recipe on p. 13.

2009
CLASS
90. A Picture of springtime - any medium - A4 size.
91. A decorated egg - any style.
92. 4 Homemade sweets - own choice of recipe to be used.

EHS SILVER DIPLOMA - Best Exhibit in Children's Section "I" for each age group

## CHOCOLATE AND SULTANA COOKIES

## Ingredients

75 g margarine
75 g caster sugar
75 g soft brown sugar
1 medium egg
1 teaspoon vanilla
175 g plain flour
teaspoon baking powder
50 g sultanas
100 g chocolate chips

## Method

1. Heat oven, $180^{\prime} \mathrm{C}, 350^{\prime} \mathrm{F}$, gas 4.
2. Grease 2 baking trays.
3. Put margarine and sugar into bowl.
4. Mix with a spoon until smooth and creamy.
5. Add egg and beat in until smooth.
6. Add flour and baking powder and mix well.
7. Mix in the sultanas and half the choc chips.
8. Put teaspoonfuls onto the tray, approx 24.
9. Flatten cookies with the back of a fork.
10. Sprinkle with the rest of the choc chips.
11. Bake for about 10 minutes until golden brown.
12. Leave on tray for a few minutes to cool and the use the spatula to lift onto a wire tray until cold.
13. Select 4 to show and store remainder in a closed container and enjoy.

# SUMMER SHOW <br> SATURDAY $21{ }^{\text {st }}$ JUNE 2008 <br> SATURDAY $20{ }^{\text {th }}$ JUNE 2009 

SECTION "A" FLOWERS<br>Unless otherwise specified, exhibits should be one variety/cultivar

## CLASS

1. Rose, 1 specimen bloom, large flowered.
2. Roses, 3 specimen blooms, large flowered.
3. Roses, 3 stems, different cultivars, large flowered.
4. Roses, 6 stems, large flowered, can be mixed.
5. Rose, 1 stem, cluster flowered.
6. Roses, 3 stems, cluster flowered.
7. Roses, 5 stems, cluster flowered, can be mixed.
8. Miniature roses, 3 stems.
9. Roses, 1 bowl or vase (your own) arranged for all round effect.

## HURFORD ROSE BOWL - Highest points in classes 1 - 9 . EHS SILVER DIPLOMA - Best Rose Exhibit.

10. Sweet Peas, 7 stems, 1 cultivar.
11. Sweet Peas, 9 stems, more than 1 cultivar.
12. Sweet Peas, 2 vases, 2 cultivars, 5 stems of one cultivar in each.
13. Sweet Peas, 3 vases, 3 cultivars, 5 stems of one cultivar in each.
14. Sweet Peas, bowl (your own) arranged for all round effect.

## GEORGE ARLISS CUP - Best Exhibit Classes 10 - 13 (Sweet Peas). EHS SILVER DIPLOMA - Best Exhibit in Class 14 (Sweet Peas). EHS GOLD DIPLOMA - Highest points in classes 10 - 14 (Sweet Peas).

15. Pelargonium, decorative leaf cultivar, 1 pot.
16. Pelargonium, ivy leaf cultivar, 1 pot.
17. Pelargonium, miniature, 1 pot (pot size not to exceed $9 \mathrm{~cm}\left(3.5^{\prime}\right)$ ).
18. Pelargonium, regal, 1 pot.
19. Pelargonium, angel, 1 pot.
20. Pelargonium, scented leaf cultivar, 1 pot.
21. Pelargonium, zonal, 1 pot.
22. Pelargonium, stella, 1 pot.

EHS SILVER DIPLOMA - Best Exhibit in Classes 15-22 (Pelargoniums).
EHS GOLD DIPLOMA - Highest points in Classes 15-22 (Pelargoniums).
EHS GOLD DIPLOMA - Highest points in Classes 15-22 (Pelargoniums).
23. Foliage plant(s), not eligible for any other class, 1 pot.
24. Flowering plant(s), not eligible for any other class, 1 pot.
25. Annuals/biennials, 4 stems, 1 kind (not eligible for any other class).
26. Perennials, 4 stems, 1 kind (not eligible for any other class).
27. Perennials, 3 different varieties, 1 stem in each vase.
28. Delphinium, 1 spike.
29. Delphinium, 6 florets, can be mixed (vase/dish not provided).
30. Orchid, 1 pot, any size any cultivar.
31. Mixed flowers, not less than 3 kinds.
32. Pinks, 5 stems.
33. Sweet William, 4 stems.
34. Pansies and/or Violas, 5 blooms (vase/dish not provided).
35. Violettas, 5 blooms (vase/dish not provided).
36. Alpine, 1 pot.
37. Cactus, 1 pot (any size allowed).
38. Cacti collection, 6 pots (any size allowed).
39. Succulent, excluding Cactus, 1 pot (any size allowed).
40. Succulent collection, excluding Cacti, 6 pots (any size allowed).
41. Fuchsia, a standard in any size pot, $\min 18 ״ / 45 \mathrm{~cm}$ clear stem between soil and lowest branch.
42. Fuchsia, 1 pot, non-standard.
43. Fuchsia, 3 blooms, 3 cultivars (vase/container not supplied).
44. Hosta, 5 leaves, at least 2 varieties.
45. Herbs, 1 pot, ant size.
46. Grasses, 1 vase cultivated grasses, two or more cultivars.
47. Ferns, 5 fronds, one vase, 2 or more cultivars.
48. Clematis, 3 blooms, same cultivar, floating in water in own dish.
49. A Floral exhibit, any type not included in classes 23-48.
50. Flowering shrub, 3 stems.
51. Begonias, flowering, 1 pot.
52. Begonias, decorative foliage, 1 pot.
53. African Violet, 1 pot.
54. Planted container, max size 40 cm width, not less than 3 plants, 1 or more varieties.

JACK HARDY CUP - Highest points in Flowers Section "A".
EHS SILVER DIPLOMA - Best Exhibit in Flowers Section "A".

## SECTION "B" NOVICES

## CLASS

55. Mixed flowers, not less than 3 kinds.
56. Rose, 1 specimen bloom, large flowered.
57. Roses, 3 stems, large flowered.
58. Roses, 3 stems, cluster flowered.
59. Sweet Peas, 7 stems.
60. Sweet Peas, 2 vases, 2 cultivars, 5 stems in each.
61. Fruit, 1 cultivar, 1 dish (see note 15 , page 6 ).
62. Pelargonium, 1 pot.

QUANTOCKS CUP - Highest points in Novices Section "B". EHS SILVER DIPLOMA - Best Exhibit in Novices Section "B".

## SECTION "C" FLORAL ART

## 2008

CLASS
63. School Days
64. Teenager
65. Working Life
66. Retirement
67. Newborn
68. NOVICES: Memories

## 2009

CLASS
63. North
64. South
65. East
66. West
67. It's a Small World
68. NOVICES: At Home

## "THROUGH THE AGES"

An exhibit.
An exhibit.
An exhibit - open staging.
An exhibit.
A petite exhibit.
An exhibit - open staging.
"AROUND THE WORLD"
An exhibit - to be named, open staging.
An exhibit - to be named.
An exhibit - to be named.
An exhibit - to be named.
A petite exhibit.
An exhibit - open staging.

CONDOR CUP - Highest points in Floral Art Section "C".
EHS SILVER DIPLOMA - Best Exhibit in Floral Art Section "C".

## SECTION "D" VEGETABLES

CLASS
69. Lettuces, butterhead, cos \& crisp, 2, with roots.
70. Lettuces, loose-leaf, 2, with roots.
71. Peas, 6 pods.
72. Peas, mangetout or snap, 6 pods.
73. Beans, broad, 6.
74. Beans, runner, 6.
75. Beans, French, 6.
76. Tomatoes, medium, 5.
77. Tomatoes, large fruited, 4.
78. Tomatoes, small fruited, plum or cherry cultivars, 8 .
79. Cucumbers, 2.
80. Rhubarb, 3 sticks.
81. Any other vegetable, 1 dish (see note 16 , page 6 ).
82. Collection of 4 kinds of vegetables, 1 of each.
83. Bunch of mixed herbs (in water), minimum 3 cultivars.
84. Carrots, long, 3.
85. Carrots, other than long, 3.
86. Shallots, pickling type, 8.
87. Beetroots, globe or long, 3.
88. Radishes, 6.
89. Home grown Tomato Plant, one pot any size, patio type.
90. Onions, harvested, 3.
91. Onions, green salad, 6.

EHS GOLD DIPLOMA - Highest points in Vegetables Section "D".
EHS SILVER DIPLOMA - Best Exhibit in Vegetables Section "D".

## SECTION "E" FRUIT

## CLASS

92. Blackcurrants, 3 strigs.
93. Red or White Currants, 3 strigs.
94. Cherries, 8.
95. Gooseberries, 8.
96. Raspberries, 8.
97. Strawberries, 6.
98. Any other fruit, 1 dish, up to 14 points (see note 15 , page 6 ).
99. Any other fruit, 1 dish, 15 points and over (see note 15 , page 6 )
100. Fruit, different kinds, 3 dishes (see note 15, page 6).

## EHS GOLD DIPLOMA - Highest points in Fruit Section "E".

EHS SILVER DIPLOMA - Best Exhibit in Fruit Section "E".

## SECTION "F" DOMESTIC

## 2008

CLASS
101.
102.

Plain Scones, 4.
102.

Strawberry Shortcake.
103.

Brownies, 4.

1. Oriental Strudel, 1 large.
2. GENTLEMEN'S CLASS : Apple Lattice Pie, own recipe.

2009
CLASS
101. Raspberry and Almond Cake.
102. Chocolate Spiral Biscuits, 4.
103. Brandy Snaps, 4.
104. Lemon Berry Muffins, 4.
105. GENTLEMEN'S CLASS : Pizza, own recipe, 1 whole.

EHS GOLD DIPLOMA - Highest points in Domestic Section "F".
EHS SILVER DIPLOMA - Best Exhibit in Domestic Section "F".

## SECTION "G" CHILDREN

## 2008

CLASS

1. A model of a Butterfly from recycled materials, maximum size, A3 base.
2. A"mosaic" picture made from paper squares, maximum size A3.
3. 4 Rock cakes, own recipe.

## 2009

CLASS
106. Poster - " What I would like to see in my Park."
107. A flowering Bulb or plant - in container decorated by exhibitor.
108. 2 small Sausage Rolls, bought puff pastry to be used.

EHS SILVER DIPLOMA - Best Exhibit in Children's Section "G" for each age group.

## SECTION "H" PHOTOGRAPHY

NOTE : maximum size $8 " \times 6 \%$. All photographs to be shown unmounted.

2008
CLASS
109. Summer sport.
110.
111.

2009
CLASS

EHS GOLD DIPLOMA - Highest points in Photography Section "H". EHS SILVER DIPLOMA - Best Exhibit in Photography Section "H".

## SECTION"I" HANDICRAFTS

CLASS

1. An embroidered picture.
2. An embroidered item, not a picture.
3. A knitted item.
4. A soft toy.
5. A picture, painting or drawing.
6. A tapestry.
7. Decoupage.
8. Greeting card (any medium).
9. Woodwork.
10. A Hand or Machine sewn garment.
11. Any other item of handicraft.

EHS GOLD DIPLOMA - Highest points in Handicraft Section "I". EHS SILVER DIPLOMA - Best Exhibit in Handicraft Section "I".

## AUTUMN SHOW <br> SATURDAY 13th SEPTEMBER 2008 SATURDAY 12th SEPTEMBER 2009

## SECTION "A" FRUIT

## DESSERT APPLE CLASSES

1. Ellison's Orange, dish of 4.
2. Discovery, dish of 4 .
3. James Grieve, dish of 4.
4. Laxton's Fortune, dish of 4.
5. Any Russet cultivar, dish of 4.
6. Lord Lambourne, dish of 4.
7. Spartan, dish of 4.
8. Any other cultivar, dish of 4.
9. Distinct cultivars, 3 dishes of 3 .

## COOKING APPLE CLASSES

10. Grenadier, dish of 4.
11. Howgate Wonder, dish of 4.
12. Lord Derby, dish of 4 .
13. Bramley's seedling, dish of 4.
14. Charles Ross, large fruits, dish of 4.
15. Any other cultivar, dish of 4.
16. Distinct cultivars, 3 dishes of 3 .

## CRANE CUP - Best Apple Exhibit.

EHS SILVER DIPLOMA - Runner up to Crane Cup.

## DESSERT PEAR CLASSES

17. Conference, dish of 4.
18. Williams Bon Chretien, dish of 4 .
19. Doyenne du Comice, dish of 4.
20. Any other cultivar, dish of 4.
21. Distinct cultivars, 3 dishes of 3 .

## EASTCOTE CUP - Best Pear Exhibit. <br> EHS SILVER DIPLOMA - Runner up to Eastcote Cup.

## MISCELLANEOUS CLASSES

22. Plums or Gages, dish of 4.
23. Dessert Apples, Cooking Apples and Dessert Pears, distinct cultivars, 3 dishes of 3.
24. Melon, 1.
25. Any other fruit, up to 14 points (see note 15 , page 6 ).
26. Any other fruit, 15 points and over (see note 15 , page 6 ).
27. Collection of fruit, not less than 4 kinds, arranged for quality and effect, own container.
28. Apple, any cultivar, heaviest, 1.

TINGAY CUP - Highest points in Fruit Section "A".
EHS SILVER DIPLOMA - Runner up to Tingay Cup.
EHS SILVER DIPLOMA - Best Exhibit in Collection of Fruit.

## SECTION "B" NOVICES

## CLASS

29. Dessert Apples, 1 cultivar, dish of 3.
30. Cooking Apples, 1 cultivar, and dish of 3.
31. Dessert Pears, 1 cultivar, dish of 3.
32. Any other fruit (see note 15 , page 6 ).
33. Chrysanthemum, 1 bloom.
34. Chrysanthemums, 3 blooms.
35. Chrysanthemums, 3 stems, spray.
36. Dahlias, decorative, cactus or semi-cactus, 3 blooms.
37. Dahlias, any other classification, 3 blooms.
38. Carrots, 3.
39. Tomatoes, medium, 3.
40. Any other vegetable, 1 cultivar, 1 dish (see note 16, page 6).
41. Foliage plant, 1 pot.
42. Flowering plant, 1 pot.
43. Cactus, 1 pot.

EHS GOLD DIPLOMA - Highest points in Novices Section "B".
EHS SILVER DIPLOMA - Best Exhibit in Novices Section "B".

## SECTION "C" DOMESTIC

2008
CLASS
44.
45.

Chutney, 1 jar.
Jam, any berry, 1 jar.
46. Jam, stone fruit, 1 jar.
47. Jam, any other variety, 1 jar.
48. Jelly, 1 jar.
49. Jar of mincemeat.
50. Apple Flapjack, 4 pieces.
51. Mince Pies, 4.
52. Stollen, German Yeast Cake, 1.
53. 1 Scotch egg, cut into halves and served with a salad garnish.
54. GENTLEMEN'S CLASS : Almond Biscuits, 4.

ST CATHERINES CHALLENGE CUP - Best Jam Exhibit.
EHS GOLD DIPLOMA - Highest Points in Domestic Section "C"
EHS SILVER DIPLOMA - Best Exhibit in Domestic Section "C"
44. Chutney, 1 jar.
45. Jam, any berry, 1 jar.
46. Jam, stone fruit, 1 jar.
47. Jam, any other variety, 1 jar.
48. Jelly, 1 jar.
49. Jar of Mincemeat.
50. Butterfly Cakes, 4.
51. French Apple Cake.
52. Chocolate Swiss Roll.
53. Orange Brioches, 4.
54. GENTLEMEN'S CLASS : Wholemeal Loaf, 1, own recipe.

## SECTION "D" FLOWERS <br> Unless otherwise specified, exhibits should be 1 variety/cultivar.

CLASS
55. Chrysanthemums, large flowered reflex, 3 blooms.
56. Chrysanthemums, medium flowered reflex, 3 blooms.
57. Chrysanthemums, large flowered intermediate, 3 blooms.
58. Chrysanthemums, medium flowered intermediate, 3 blooms.
59. Chrysanthemums, medium flowered incurved, 3 blooms.
60. Chrysanthemums, pom-pom, 3 stems.
61. Chrysanthemums, any cultivar or cultivars, 5 blooms.
62. Chrysanthemum, 1 specimen bloom.
63. Chrysanthemums, 2 vases, 1 vase 3 blooms medium, 1 vase 3 blooms large.
64. Chrysanthemums, 1 vase, 3 stems sprays single, 1 cultivar.
65. Chrysanthemums, 1 vase, 3 stems sprays double, 1 cultivar.
66. Chrysanthemums, 1 vase, 3 stems sprays, mixed cultivars.
67. Chrysanthemums, 3 vases sprays, 3 cultivars, 3 stems of 1 cultivar in each vase.

## TED MILLS MEMORIAL TROPHY - Best Chrysanthemum Exhibit. <br> CARTWRIGHT CUP - Highest points in Chrysanthemum Classes.

68. Dahlias, giant or large decorative, cactus or semi-cactus, 1 bloom.
69. Dahlias, medium decorative and/or cactus and/or semi-cactus, 3 blooms.
70. Dahlias, small or miniature decorative and/or cactus and/or semi-cactus, 3 blooms.
71. Dahlias, waterlily, 3 blooms.
72. Dahlias, pompon, 5 blooms.
73. Dahlias, small and/or miniature ball, 3 blooms.
74. Dahlias, any cultivar, 3 blooms.
75. Dahlia, excluding giant or large, 1 bloom

## G H BICKERTON CUP - Highest points in Dahlia Classes. EHS SILVER DIPLOMA - Best Dahlia Exhibit.

76. 
77. 
78. 
79. 
80. 
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98. 
99. 
100. 
101. 
102. 
103. 
104. 
105. 
106. 6. 
1. Flowering shrub (excluding Fuchsias), 3 stems. Annuals / biennial, 5 stems, 1 kind not eligible for any other class. Perennials, 5 stems, 1 kind not eligible for any other class.
Asters, 5 stems.
Gladiolus, 1 spike.
Gladioli, 3 spikes.
Michaelmas Daisies, 3 stems.
Mixed flowers, not less than 3 kinds. Rose, 1 specimen bloom large flowered. Roses, 3 stems, large flowered. Rose, 1 stem, cluster flowered. Roses, 3 stems, cluster flowered. Miniature Roses, 3 stems. Pansies and/or Violas, 5 blooms (vase not provided). Violettas, 5 blooms (vase not provided). Zinnias, 5 stems. Alpine, 1 pot. Cactus, I pot (any size allowed). Succulent, excluding Cactus, 1 pot (any size allowed). Cactus and/or Succulent collection, 6 pots (any size allowed). Fuchsia, 1 pot - non-standard.
Fuchsia Standard, minimum $18 ״ / 45 \mathrm{~cm}$ clear stem between soil and lowest branch.
2. Fuchsia, 3 blooms, 3 cultivars (vases not provided).

Pelargonium, 1 pot.
Foliage plant(s), not eligible for any other class, 1 pot, any size.
Flowering plant(s), not eligible for any other class, 1 pot, any size.
Coleus, 1 pot.
Orchid, any cultivar, 1 pot (any size). Clematis, 5 florets, 1 or more cultivars.

## EHS GOLD DIPLOMA - Highest points in Other Flowers Section "D" (excluding Chrysanthemums and Dahlias). <br> EHS SILVER DIPLOMA - Best Exhibit in Other Flowers Section "D" (excluding Chrysanthemums and Dahlias).

## SECTION "E" FLORAL ART

2008

## CLASS

106. 
107. 
108. 
109. 
110. 
111. 

"ARTS AND CRAFT"

Music
Painting
Needlework
Any Other Craft
Little Things

An exhibit.
An exhibit.
An exhibit - open staging. An exhibit.
A petite exhibit.

NOVICES - "Flower Arranging" An exhibit - open staging.

2009

## CLASS

106. On the Warm Side
107. Keep It Cool
108. Shades of Green
109. Oranges and Lemons
110. Over The Rainbow
111. NOVICES - Nature's Palette
" COLOURS"

An exhibit.
An exhibit.
An exhibit - open staging.
An exhibit - open staging
A petite exhibit.
An exhibit - open staging.

## ROSELLA BLAKE TROPHY - Highest points in Floral Art Section "E".

 KATHLEEN BOUQUET CUP - Best Exhibit in Floral Art Section "E".
## SECTION "F" VEGETABLES Unless otherwise specified, exhibits should be 1 variety/cultivar.

## CLASS

112. Aubergines, 2.
113. Beans, French, 6.
114. Beans, Runner, 6.
115. Beetroot, globe, 3, with roots.
116. Beetroot, long, 2, with roots.
117. Cabbage, round or pointed, 2, with roots.
118. Cauliflower, 2.
119. Carrots, long, 3.
120. Carrots, other than long, 3.
121. Courgettes, 3 .
122. Cucumbers, 2.
123. 
124. 
125. 
126. 
127. 

128
129.

130
131
132
133. Peppers, sweet, 3.
134. Potatoes, white, 4
135. Potatoes, other than white, 4.
136. Potatoes, 3 different cultivars, 4 of each.
137. Pumpkin or edible squash, 1.
138. Shallots, exhibition, 8.
139. Shallots, pickling, 8.
140. Swedes, 3.
141. Sweet corn, 3
142. Tomatoes, medium size, 5.
143. Tomatoes, large fruited, 4.
144. Tomatoes, small fruited, plum or cherry cultivars, 8.
145. Any other vegetable, 1 dish up to 14 points (see note P ).
146. Any other vegetable, 1 dish, 15 points and over (see note P).

## SECTION "G" CHILDREN

## 2008

CLASS
153. 1 Stuffed Jacket Potato, with a salad garnish.
154. A Picture of a Peacock, A4 size, any medium.
155. A Collection of Seeds and Berries, to be named.

2009
CLASS
153. A decorated Paper Plate, theme of Hallow'een.
154. A collage of "Leaves and Pressed Flowers."
155. An Open Sandwich, suitable for a healthy lunch.

JOHN MARSHALL CHILDRENS CUP - Highest points in Children's Classes throughout the year.
EHS SILVER DIPLOMA - Best Exhibit in Children's Section "G" for each age group

> SECTION "H" HOMEMADE BEER AND WINE

CLASS
156. 3 bottles of Wine, all different.

EHS GOLD DIPLOMA - Highest points in Homemade Beer and Wine Section "H". EHS SILVER DIPLOMA - Best Exhibit in Homemade Beer and Wine Section "H".

## SECTION "I" PHOTOGRAPHY

Note: Maximum Size 8" x 6" - All photographs to be shown unmounted or framed

| 2008 |  | 2009 <br> CLASS | CLASS |
| :--- | :--- | :--- | :--- |

EHS GOLD DIPLOMA - Highest points in Photography - Section "I

# EHS SILVER DIPLOMA - Best Exhibit in Photography Section 

## ENTRY FORM

Name: Mr/Mrs/Ms/Miss (Initials) SurnameAddress
Class Numbers
$\qquad$
$\qquad$Number of entries
$\qquad$ Age (If entering Children's classes)

## ENTRY FORM

$\qquad$Number of entriesAge (If entering Children's classes)

## ENTRY FORM

$\qquad$Number of entriesAge (If entering Children's classes)

If two or more members from one family are entering, IT IS ESSENTIAL to indicate clearly which member is entering which class. For children's entries, please show first
names and age as at $1^{\text {st }}$ September. All entries must be submitted as indicated overleaf not later than 9 pm on the Wednesday prior to the Show or to the Trading Hut on the Sunday prior to the Show

## ENTRY FORM

All entries must be made by 9 pm on the Wednesday prior to the Show:
Late entries will only be allowed at the discretion of the Show Committee and their decision is final.

Mrs F Thomas
or E-MAIL eastcotehorticultural@yahoo.co.uk
OR handed into the Trading Hut the Sunday prior to the Show.

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## SWIRLY MERINGUES:

50 g chocolate drops
2 medium egg whites
100 g caster sugar
1.Preheat oven $110^{\circ} \mathrm{C} / 225^{\prime} \mathrm{F} /$ gas mark $\square$.
2. Line 2 baking trays with parchment or grease
3. Melt chocolate drops and leave to cool.
4. Whisk whites until very stiff, gradually beat in the sugar until stiff again.
5. Fold in the melted chocolate to give a swirly effect. Do not over-stir.
6. Place spoonfuls onto the trays - approx 12.
7. Bake for 40 minutes - change trays after 25 mins to help even cooking.
8. Switch off oven and leave meringues inside until cold.

## APPLE TARTS:

$1 / 2$ small pack puff pastry
1 cooking apple- peeled, chopped 1 thick slice of bread-into crumbs 1 tablespoon margarine or butter shake of lemon juice 1 dessertspoon sugar - to taste 2 tablespoons sultanas $1 / 4$ teaspoon cinnamon icing sugar for dusting

1. Preheat oven $200^{\prime} \mathrm{C} / 400^{\prime} \mathrm{F} /$ gas mark 7 .
2. Roll out pastry and cut circles to fit bun tins.
3. Press to shape of tin and leave to rest.
4. Melt margarine and fry with the crumbs until crispy. Leave to cool.
5. Cook apples, lemon and sugar in separate pan and simmer gently until soft.
6. Add crumbs, cinnamon and sultanas.
7. Place spoonfuls into pastry cases.
8. Bake until crispy and edges golden approx. 15 mins. Cool on wire tray.
9. Dust with sieved icing sugar to finish.
[^0]CARROT CAKE:

2 medium carrots, coarsely grated
3 medium eggs
175 ml sunflower oil
200 g castor sugar
100 g chopped walnuts
200 g self-raising flour
$\square$ teaspoon baking powder
$1 \square$ teaspoons cinnamon
1 teaspoon ginger

## Topping:

50 g icing sugar
200 g cream cheese
1 tablespoon lemon juice
teaspoon vanilla essence walnuts to decorate

1. Preheat oven $180^{\prime} \mathrm{C} / 350^{\prime} \mathrm{F}$ gas mark 4 .
2. Grease and line deep baking tin - approx 20 cm diameter.
3. Beat together the oil, sugar and eggs.
4. Add carrots and nuts.
5. Add sieved flour, baking powder and spices.

6 . Fold gently together.
7. Scrape into tin and smooth the top.
8. Bake for about 45 mins - until risen and firm.
9. Leave in tin for 10 mins to cool and then place onto a wire rack to cool.
10. Beat topping ingredients together.
11. Spread over cake when cool and decorate with the walnuts.

## SUMMER SHOW 2008

STRAWBERRY SHORTCAKE: 1. Preheat oven $220^{\circ} \mathrm{C} / 425^{\prime} \mathrm{F} /$ gas mark 7 .
(serves 4)
125 g self-raising flour
$\square$ teaspoon baking powder 25 g margarine
1 level tablespoon caster sugar
1 egg- beaten
$\square$ teaspoon vanilla essence
a little milk to mix

Filling:
75 ml double cream or thick
yogurt
strawberries- halved or sliced
Icing sugar for dusting
2. Lightly grease a baking tray.
3. Mix flour, baking powder and margarine with fingertips to form "breadcrumbs".
4. Mix in sugar and egg and vanilla with enough milk to make a soft, not sticky dough.
5. Gently roll dough into a circle about 10 cm .
6. Place on tray, brush with milk and bake until golden, about 12-15 mins.
7. Place onto a wire rack to cool.
8. When cold, cut in half horizontally and then cut the top carefully into 4 pieces.
9. Spread base with cream and sliced fruit.
10. Place the tops onto the fruit and lightly dust with icing sugar. Decorate with fruits.

## BROWNIES:

100 g chocolate chips
2 large eggs
125 g margarine
275 castor sugar
tsp vanilla.
50 g SR flour
25 g plain flour
2 tablespoons cocoa powder
100 g chopped walnuts

Deep, 20 cm square cake tin

1. Heat oven $180^{\prime} \mathrm{C} / 350^{\prime} \mathrm{F} /$ gas mark 4.
2. Line cake tin with paper or grease well.
3. Melt chocolate. Leave to cool.
4. Beat margarine, sugar and vanilla until fluffy.
5. Beat in the eggs separately.
6. Add flours, cocoa, nuts and chocolate \& mix.
7. Pour into prepared tin and bake for 35 mins .
8. It should have a crust on top and centre will still be soft.
9. Leave in tin for 2 mins and then cut into 9.
10. Transfer to cooling tray - on the paper.
11. Dust with sieved icing sugar.

ORIENTAL STRUDEL:
1 small pack puff pastry
1-2 tablespoons soy sauce
$\square$ teaspoon ginger or *
1 tablespoon oil

## Vegetables:

3 spring onions, sliced
2 carrots- coarsely grated
2 sticks celery - chopped
3-4 mushrooms, sliced
small can bean shoots, drained
1 pepper- chopped
sprinkle of black pepper
*small piece of root ginger, grated.
Milk or egg for glazing

1. Preheat oven, $200^{\prime} \mathrm{C} / 400^{\prime} \mathrm{F} /$ gas mark 7.
2. Heat oil and stir-fry vegs for 5 mins until just soft, not mushrooms or bean shoots.
3. Remove from heat and leave to cool.
4. Add soy, ginger, pepper, and other vegetables.
5. Roll out pastry into a thin, neat rectangle. approx $30 \times 35 \mathrm{~cm}$. Cut in half lengthwise.
6. Spread vegetable mix over both pieces, lf 2 cm border clear all round edges.
7. Fold over the 2 short sides onto the fillin!
8. Roll each piece over to form 2 long rollsfrom long edge.
9. Place onto baking tray and glaze.
10. Bake until golden and crispy approx 20-25 mins.
11. Lift carefully onto wire tray to cool.

## AUTUMN SHOW 2008

| APPLE FLAPJACK: | 1. Preheat oven, $160^{\prime} \mathrm{C} / 325^{\prime} \mathrm{F} /$ gas mark 3. |
| :--- | :--- |
| 2. Line or grease baking tin -18 x 27 cm approx. |  |
| 2 eating apples, peeled and chopped 3. Put apples and 25 g margarine into saucepan. |  |
| 175 g margarine | 4. Gently cook until soft, stir occasionally. |
| 175 g demerara sugar | 5. Add rest of margarine, sugar, syrup, sultanas |
| 2 tablespoons golden syrup | and cinnamon and melt gently. |
| $\square$ teaspoon cinnamon | 6. Remove from heat and stir in oats. |
| 50 g sultanas | 7. Add seeds or nuts, if used. |
| 225 g porridge oats | 8. Tip into prepared tin and level the surface. |
| 2 tablespoons sunflower or | 9. Bake in middle of oven for 25 mins. |
| sesame seeds or pine nuts if wanted 10 . Cool in tin for 10 mins and then cut into pieces. |  |

SCOTCH EGGS:

450 g sausage meat *
4 hardboiled eggs
1 egg- beaten in shallow dish flour and crumbs for coating herbs if wanted/ salt and pepper

* low-fat sausages, peeled can be used if wanted.

1. Season the sausage meat and divide into 4.
2. Pat into circles with a little flour.

Press meat around each egg and press to seal.
3. Dip into the egg and coat.
4. Put crumbs or flour and seasonings onto a piece of kitchen towel and roll each egg in the coating.
5. Press coating gently with hands to firm.
6. Bake in oven for about 25 mins ( $180^{\prime} \mathrm{C} / \mathrm{gas} 5$ ) or fry until golden brown and firm.

## STOLLEN:

100 g mixed dried fruits
2 tablespoons rum, optional
200 g white bread flour
25 g castor sugar
2 teaspoons fast action yeast
teaspoon cinnamon
1 egg
75 ml warm milk
25 g margarine, melted
25 g glace cherries
25 g chopped almonds
125 g marzipan, optional
melted margarine for glazing icing sugar for dusting
if used.
2. Mix flour, yeast, cinnamon and sugar in bowl.
3. Add egg, margarine and enough milk to mix to a soft dc
4. Knead for 5 mins until elastic and smooth.
5. Place back into bowl and cover with polythene bag, leave in warm place for about 45 mins until double doubled in size. Knead again for 2 mins.
7. Roll out into a rectangle, 2 cm thick.
8. Sprinkle on the fruits, cherries and nuts and roll up.
9. Roll out again to approx. $25 \times 15 \mathrm{~cm}$.
10. If marzipan is to be used - place a roll shape across the width and fold over.
11. If not used, just fold the dough. Place on greased baking tray, place whole tray inside polythene bag and in a warm place until doubled in size - about 45 mins.
12. Bake in oven $-190^{\prime} \mathrm{C} / 375^{\prime} \mathrm{F} /$ gas mark 5for about 30 mins until loaf sounds hollow when tapped on the base.
13. Brush with melted margarine and dust with icing sugar. Place on wire tray to cool.

## ALMOND BISCUITS:

100 g ground almonds
75 g icing sugar, sieved
1 egg
a few drops almond essence
Whole almonc

1. Preheat oven $190^{\prime} \mathrm{C} / 375^{\prime} \mathrm{F} /$ gas mark 5.
2. Line baking tray with parchment.
3. Mix ground almonds and sugar togther.
4. Add enough egg to mix to a firm dough - use a spatula.
5. Pat into a "Toblerone" shape and cut dough. into thick slices. Lay on their sides on baking tray and press a whole almond in the centre of each.
6. Bake for 10 mins until pale golden.

## SPRING SHOW 2009

## CHEESY CHOUX BUNS: <br> 1. Preheat oven $200^{\prime} \mathrm{C} / 400^{\circ} \mathrm{F} /$ gas mark 7 .

2. Grease 2 baking trays or line with parchment.

150 ml water
50 g margarine
3. Sieve flour, mustard and herbs onto a piece of kitchen towel.
3 eggs
4. Bring water and margarine to boil in saucepan

75 g flour - any type, strong is best. 5 . Keep on the boil and add all flour at once.
2 teaspoons dry mustard
6. Beat until smooth and shiny -1 min . Cool.
$\square$ teaspoon dried herbs - own choic 7 . Beat in each egg separately, an electric whisk gives excellent results.
Filling:
8. Place teaspoonfuls onto the trays - about 12 to a tray only - space needed for cooking.
1 large tub cottage or cream cheese 9. Bake for about 20 mins until golden and crisp.

2 teaspoons chopped chives
1 chopped spring onion, if wanted. Grated Parmesan for dusting steam to escape.
11. When cool use the filling and sandwich both halves together.
12. Dust with Parmesan to finish.

## BANANA LOAF:

100 g each $=$ self-raising flour, caster sugar and margarine 2 eggs
$1 / 2$ teaspoon vanilla flavouring
1 level teaspoon baking powder
2 mashed bananas
Finishes= glace icing or sieved icing sugar.
Oven - $160^{\prime} \mathrm{C} / 350^{\prime} \mathrm{F} /$ gas mark 4

1. Preheat oven. Line loaf tin with paper.
2. Mix all ingredients together until smooth.
3. Pour into prepared tin.
4. Smooth surface and bake until golden and firm to touch. Skewer should come out clean when tested.
5. Dust with icing sugar or drizzle glace icing to decorate.

BATTENBURG CAKE:
3 eggs
150 g SR flour
150 g margarine
150 g castor sugar
1/2tsp vanilla flavouring
pink food colouring

1. Preheat oven $180^{`} \mathrm{C} / 400^{\circ} \mathrm{F} /$ gas mark 5.
2. Line 20 cm square tin with paper and use a double foil "wall" to separate colours.
3. Put eggs, flour, sugar and margarine and vanilla in bowl and mix until smooth
4. Use half opf mix to fill one side of tin.
5. Colour remainder and fill second half.

2-3 tablespoons apricot jam, melted.6. Bake until firm to touch, about 25 mins.
250 g marzipan, approx.
7. Cut each colour into 2 lengthwise.

## TO ASSEMBLE :

8. Place pieces together in traditional way, alternating colours and use jam to stick pieces toget
9. Roll out marzipan into a neat rectangle the length of the cake and 4 times width, using a littl or castor sugar to prevent sticking.
10. Brush outer edges with jam and roll marzipan around it neatly. Allow small overlap and press join together firmly.
11. Preheat oven $200^{\prime} \mathrm{C} / 400^{\prime} \mathrm{F} /$ gas mark 6.
12. Rub flour and margarine together to form

120 g plain flour
60 g margarine

2 small cooking apples
2 dessertspoons demerara sugar
2 shakes lemon juice
2 dessertspoons sultanas
pinch of cloves or cinnamon
"breadcrumbs".
3. Add enough cold water to make a firm dough.
4. Cut in half and roll each into a neat circle, large enough to envelop each apple.
5. Peel and core apples. Mix remaining ingredients. Place an apple on each circle.
6. Fill hole with filling mix, gently ease up the pastry around the apple, pinch tops together trim off surplus pastry as needed.
7. Use pastry trimmings to make decorative leaves. Brush all pastry with milk.
8. Lift carefully onto baking tray and decorate the dumpling with the "leaves". Sprinkle with a little castor sugar and bake until golden, about 20 mins. Reduce heat for another 20 mins to cook apple $-150^{\prime} \mathrm{C} / 200^{\prime} \mathrm{F} /$ gas 4.

FRUIT FLAN:

150 g plain flour 75 g margarine 50 g icing sugar
1 egg yolk water to mix

1. Preheat oven, $180^{\prime} \mathrm{C} / 350^{\prime} \mathrm{F} / /$ gas mark 4.
2. Place flour and margarine in bowl and rub together to form "breadcrumbs".
3. Mix in sugar and egg yolk and enough water to mix to a soft, not sticky dough.
4. Pace in fridge for 30 mins to cool.
5. Roll out pastry gently and use to line a flan dish. Trim edges neatly.
Fruits of own choice, neatly preparc6. Prick base with a fork to prevent rising or Apricot jam for glazing.
small " baking beans".
6. Bake for about $15 / 20$ mins until pale golden.
7. Leave to cool.
8. Fill flan with the prepared and drained fruit.
9. Brush with melted jam to glaze fruits.

Note : A layer of thick yogurt or crème fraiche can be placed in the flan underneath the fruit if

## SUMMER SHOW 2009

## RASPBERRY AND ALMOND CAKE:

4 medium eggs
165 g castor sugar
225 g ground almonds
1 teaspoon baking powder

## Filling :

$\square$ jar Raspberry jam
150 g fresh ras

## Icing :

200 g sieved icing sugar a little warm water a few raspberries for decoration

1. Preheat oven $170^{\prime} \mathrm{C} / 325^{\prime} \mathrm{F} /$ gas mark 3.
2. Separate eggs into 2 bowls.
3. Whisk whites until thick and forms peaks.
4. Whisk yolks and sugar until pale and creamy.
5. Gently fold whites into yolk mixture.
6. Gently fold in ground almonds, baking powder.
7. Line a deep, round 20 cm cake tin and pour in the almond mixture.
8. Level the surface. Bake for $35-40$ mins, until golden and firm. Leave to cool in tin for 20 minutes,
9. Transfer to wire rack.
10. Cut cake in half horizontally, spread with jam and most of berries, replace top.
11. Mix icing to a smooth paste, spread gently over top and add fruits for decoration.

## CHOCOLATE SPIRAL BISCUITS:

75 g icing sugar
150 g margarine
200 g plain flour
2 tablespoons milk
1 tablespoon cocoa

1. Preheat oven $180^{\circ} \mathrm{C} / 350^{\prime} \mathrm{F} /$ gas mark 4 .
2. Cream margarine and sugar together.
3. Stir in flour and milk. Divide into 2 pieces.
4. Gently knead cocoa into 1 piece,add drops of milk if ne
5. Gently roll out each piece 5 mm thick neat rectangle.
6. Brush plain dough with water and lay chocolate piece o
7. Gently ease edges to fit neatly, trim into a neat rectangls
8. Roll up from long edge, wrap in clingfilm and put in fri to chill for 30 mins .
9. Cut into 5 mm slices and lay onto greased baking trays.
10. Bake for 12-15 mins until "dry", cool on a wire rack.

| BRANDY SNAPS: | 1. Preheat oven, $180^{\prime} \mathrm{C}, 350^{\prime} \mathrm{F}$, gas mark 4. |
| :--- | :--- |
|  | 2. Line 2 trays with parchment. |
| 50 g margarine | 3. Melt margarine, sugar and syrup together. |
| 75 g caster sugar | 4. Remove from heat and stir in flour and ginger. |
| 50 g golden syrup | 5. Place teaspoonfuls onto tray - approx 6 per tray. |
| 50 g plain flour | 6. Bake in top of oven for approx $8-10$ mins until |
| 1 teaspoon ground ginger | golden brown. |
| 7. Cook remaining mix when space is available. |  |
| 8. Leave to cool for $1-2$ mins and then remove from the |  |
| parchment and wrap around a wooden handle until |  |
| cool. |  |
| 8. Slip off when hardened. |  |

LEMON AND BERRY MUFFINS1. Preheat oven $190^{\prime}$ 'C/3375’F/gas mark 5.
2. Put muffin cases into deep bun tin.

1 lemon, zest and juice
250 g SR flour
1 teaspoon bicarbonate of soda
150 g castor sugar
90 ml sunflower oil
150 g lemon flavoured yogurt
2 medium eggs
150 g fresh berries
75 g icing sugar
3. Put flour, bicarb and sugar into a bowl.
4. Add yogurt, oil, eggs and half the juice.
5. Mix together lightly .
6. Add berries and gently stir in.
7. $\square$ fill each muffin case.
8. Bake for 15-20 mins until golden and firm. Lift onto wire rack to cool.
9. Dust with icing sugar or use remaining to make glace icing to drizzle over the tops.

## AUTUMN 2009:

| BUTTERFLY CAKES: | 1. Preheat oven $180^{\prime} \mathrm{C} / 375^{\prime} \mathrm{F} /$ gas mark 5 . <br> 2. Cream margarine and sugar until creamy. |
| :---: | :---: |
| 2 eggs | 3. Beat in each egg separately, add vanilla. |
| 100 g SR flour | 4. Gently fold in the flour. |
| 100 g margarine | 5. Spoon into the cake cases and bake until |
| 100 g castor sugar | golden and firm to touch. |
| few drops van Icing : | 7. Mix icing ingredients with a few drops of water to make a smooth mix. |
| 100 g sieved icing sugar | 8. Cut the tops off the cakes and each one into halves. |
| 50 g margarine | 9. Neatly spoon icing into each crater. |
| few drops of vanilla icing sugar | 10. Place tops on to form "wings" and sieve with icing sugar to dust. |

FRENCH APPLE CAKE:

450 g cooking apples, peeled and chopped.
110 g SR flour
1 teaspoon baking powder
110 g castor or soft brown sugar
90 ml milk
40 g margarine
2 eggs
$\square$ teaspoon nutmeg
$\square$ teaspoon cinnamon

## Topping

75 g margarine
110 g castor sugar
$\square$ teaspoon vanilla
1 egg
Icing sugar for dusting

1. Preheat oven $160^{\circ} \mathrm{C} / 325^{\prime} \mathrm{F} /$ gas mark 3 .
2. Grease and line a deep cake tin, approx 20 cm .
3. Put prepared apples into base of tin.
4. Beat all cake ingredients, except topping, until smooth and creamy.
5. Pour over the apples and bake for 40-45 mins until lightly golden.
6. Meanwhile, mix all topping ingredients, not sugar for dusting.
7. Remove cake from oven and pour on the topping. Level the surface gently.
8. Return cake to oven and bake for another 20-25 mins until golden brown. sugar to finish.
9. Cool cake in the tin and then dust with icing sugar.

CHOCOLATE SWISS ROLL: 1. Preheat oven $200^{\circ} \mathrm{C} / 400^{\prime} \mathrm{F} /$ gas mark 7.
2. Line baking tray with parchment., approx $30 \times 25 \mathrm{~cm}$.

3 eggs
75 g caster sugar
50 g plain flour
25 g cocoa powder
1 tablespoon hot water
Rolling :
2 tablespoons caster sugar

Filling
Apricot jam
3. Whisk eggs and sugar in bowl over a saucepan of simmering water until thick enough to write a letter.
4. Remove from heat and whisk for a further 2 mins to coc
5. Gently fold in sieved flour, cocoa and water until evenly mixed, do not beat or overmix.
6. Gently pour into tin and level surface.
7. Bake for about 12-15 mins until firm to touch.
8. Turn onto a piece of kitchen paper sprinkled with sugar. Trim off all edges gently.
9. Score halfway through one short edge and spread whole cake with jam, right to the edges.
10. Gently fold over the scored edge and roll the cake, lift the paper to help with the rolling.
11. Tuck paper around cake and lift onto a wire tray to cool.

## ORANGE BRIOCHES:

225 g strong bread flour 3 teaspoons easy blend yeast 50 g castor sugar
1 orange, rind
3 tablespoons juice, warmed
2 eggs
50 g margarine, melted milk or egg to glaze

1. Mix flour, sugar and yeast together.
2. Add rind, juice, eggs and margarine and mix to a soft dough. Knead for 5 mins.
3. Place in bowl and put inside a plastic carrier bag.
4. Leave in a warm place until double in size, about 45 mi
5. Remove from bowl and knead for 2 mins.
6. Roll into a fat sausage shape and cut into 12 .
7. Break off $\square$ of each piece and set aside.
8. Shape larger pieces into balls and put into greased bun tins. Press a deep dent into centre of each with a floured little finger.
9. Shape small pieces into balls and press into the dents. Put whole tray into a plastic bag and leave rise in a warm place, about $25-35$ mins.
10.Gently glaze with milk or egg and bake for 15 mins until goldern. Cool on a wire tray.

## s t i l w a t e r

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[^0]:    CHEESE AND TOMATO PATTII1. Preheat oven $200^{\circ} \mathrm{C} / 400^{\prime} \mathrm{F} /$ gas mark 7.
    2. Line a baking tray with parchment.
    $\square$ small pack of puff pastry
    3. Mix up stuffing with water as instructions.
    $\square$ packet stuffing mix- any flavour
    4. Add tomatoes and cheese and mix.

    2-3 tomatoes, chopped
    75 g grated cheddar cheese
    Milk for glazing
    5. Roll out pastry and using a saucer, cut into neat circles.
    6. Place heaps of filling onto the circles, wet one half of the pastry edge,flatten filling into " $D$ ".
    7. Fold over the pastry to form a neat semi-circle and press edges firmly. Brush with milk.
    8. Place on tray and bake until crisp and golden approx 15 mins. Cool on a wire tray.

